

HURT AT WORK? HERE IS WHAT TO DO

I'm a **WORKER** and I have a work-related injury or illness. What do I do?

- See a doctor, nurse practitioner, physiotherapist, or chiropractor if you need medical care, and **tell that health care provider** that you were injured at work.
- **Tell your employer** about the injury as soon as possible.
- Go to the WCB website wcb.pe.ca and click **File Your Claim**. That's the quickest way to start the claim process.
- Or, you can fill out the **Worker's Report** which is available on the WCB website, at the WCB office or from your employer.
- The Worker's Report is **required** whether you miss time from work or not.



I'm an **EMPLOYER** and one of my workers has a work-related injury or illness. What do I do?

- Report the injury to the to the WCB **within three days** of being notified by using the WCB's Online Services at wcb.pe.ca
- Or, you can fill out the **Employer's Report** available on the WCB website or at the WCB office.
- The Employer's Report **must be submitted** even if the worker has not missed time from work.
- The **Employer's Report** is also required whether the worker chooses to file a claim or not.
- As required by law, **immediately report** all serious work-related injuries or explosions by calling the 24-hour Occupational Health and Safety Emergency Line at 902-628-7513.



For more information



wcb.pe.ca



workerservices@wcb.pe.ca



902-368-5680 or toll-free 1-800-237-5049



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