



2024 Fall Workplace Safety Education Sessions

Most recent update: Aug 22, 2024

The Workers Compensation Board (WCB) of PEI offers education sessions to workers, employers and to the public to support building healthy and safe workplaces across Prince Edward Island. Sessions are **FREE** and are delivered online or in-person. In addition, self-paced online courses and pre-recorded webinars are also available to watch anytime, anywhere!

Private sessions for your workplace can also be arranged and are also free of charge. Email or give us a call to discuss workshops that you would be interested in hosting at your workplace: ohs@wcb.pe.ca or 902-368-5697.

Check out our website for additional information on all things workplace health and safety: wcb.pe.ca

LIVE VIRTUAL SESSIONS

For live virtual sessions, registration is required by emailing ohs@wcb.pe.ca or by calling 902-368-5697. When you register, a calendar invitation and link to the online session will be provided. These sessions are delivered with a live facilitator.

SESSION TOPICS

Each session is described in detail starting on page 4.

LIVE VIRTUAL SESSIONS		
SESSION TOPIC	DATE	TIME
Psychological Health & Safety in the Workplace	September 10, 2024	9:00 to 10:00 a.m.
Workplace Harassment & Violence	September 19, 2024	9:00 to 10:00 a.m.
Supervisor Safety	October 3, 2024	9:00 to 10:00 a.m.
Hazard Assessment and Control	October 10, 2024	9:00 to 10:00 a.m.
OHS Safety Basics	October 15, 2024	9:00 to 10:00 a.m.
Navigating First Aid Regulations	November 12, 2024	9:00 to 10:00 a.m.
Health & Safety Committee Basics & Workplace Inspections	November 14, 2024	9:00 to 10:00 a.m.
Navigating First Aid Regulations	November 21, 2024	9:00 to 10:00 a.m.
Young and Vulnerable Workers	December 5, 2024	9:00 to 10:00 a.m.

IN-PERSON SESSIONS

For in-person sessions, registration is required by emailing ohs@wcb.pe.ca or by calling 902-368-5697. Upon registration, participants will receive a calendar invitation with event details. Space is limited so make sure to register early!

SESSION TOPICS - See page 4 for session descriptions.

IN-PERSON SESSIONS			
SESSION TOPIC	DATE	TIME	LOCATION
Health & Safety Committee Basics & Workplace Inspections	September 17, 2024	9:00 to 12:00 p.m.	Holiday Inn Express, 200 Capital Drive, Charlottetown
Supervisor Safety	September 24, 2024	9:00 to 12:00 p.m.	Loyalist Inn 196 Heather Moyle Drive, Summerside
Identifying and Controlling Hazards	October 7, 2024	9:00 to 12:00 p.m.	Holiday Inn Express, 200 Capital Drive, Charlottetown
Young and Vulnerable Workers	October 8, 2024	9:00 to 12:00 p.m.	Holiday Inn Express, 200 Capital Drive, Charlottetown
Workplace Harassment & Violence	October 17, 2024	9:00 to 12:00 p.m.	Holiday Inn Express, 200 Capital Drive, Charlottetown
Navigating First Aid Regulations	October 22, 2024	9:00 to 10:30 p.m.	Loyalist Inn, 196 Heather Moyle Drive, Charlottetown
Young and Vulnerable Workers	October 29, 2024	9:00 to 12:00 p.m.	Loyalist Inn, 196 Heather Moyle Dr. Summerside
Hearing Conservation Programs	November 5, 2024	10:00 to 12:00 p.m.	Loyalist Inn, 196 Heather Moyle Drive, Charlottetown
Navigating First Aid Regulations	November 7, 2024,	9:00 to 10:30 p.m.	Holiday Inn Express, 200 Capital Drive, Charlottetown
Respiratory Protection Programs	November 12, 2024	10:00 to 12:00 p.m.	Holiday Inn Express, 200 Capital Drive, Charlottetown
Workplace Harassment & Violence	November 19, 2024	9:00 to 12:00 p.m.	Loyalist Inn, 196 Heather Moyle Drive, Summerside
Psychological Health and Safety in the Workplace	November 26, 2024	9:00 to 12:00 p.m.	Holiday Inn Express, 200 Capital Drive, Charlottetown

Navigating First Aid Regulations	November 28, 2024	9:00 to 10:30 p.m.	Holiday Inn Express, 200 Capital Drive, Charlottetown
Psychological Health & Safety in the Workplace	December 3, 2024	9:00 to 12:00 p.m.	Loyalist Inn, 196 Heather Moyse Drive, Charlottetown
Navigating First Aid Regulations	December 12, 2024	9:00 to 10:30 a.m.	Loyalist Inn, 196 Heather Moyse Drive, Summerside

ONLINE COURSES AND PRE-RECORDED WEBINARS

The WCB offers the following self-paced online courses and pre-recorded webinars. They provide a convenient option for orientating new employees, educating safety committees or enhancing the company safety culture by promoting workplace health and safety. Courses and webinars can be viewed anytime, anywhere!

Click on the links below to access our self-paced online courses:

[Hazard Assessment and Control](#)

[Joint Occupational Health and Safety Committees](#)

[Supervisor Safety](#)

[Work Disability Management](#)

[Workplace Safety for Young Workers](#)

Click on the links below to view pre-recorded webinars:

[Young Worker Safety: Changing the Culture](#)

[Workplace Safety for Supervisors](#)

[Health and Safety Committee Basics](#)

[Workplace Harassment Regulations](#)

WORKPLACE SAFETY EDUCATION SESSIONS - in alphabetical order

Hazard Assessment and Control

Hazard assessment is the keystone of a successful health and safety management system. It must be performed correctly and reviewed regularly to ensure the workplace remains free of unnecessary hazards. This in-person session teaches participants how to properly identify, assess and control workplace hazards in accordance with provincial occupational health and safety legislation. Participants will learn strategies and methods of recognizing, evaluating and documenting workplace hazards.

Health and Safety Committee Basics + Workplace Inspections

Did you know workplaces with 20 or more workers must have a safety committee? **An effective safety committee is a group of worker and employer representatives working together to promote health and safety in their workplace.** This session will provide you with everything you need to know to establish a safety committee in your workplace that meets the requirements of PEI's *Occupational Health and Safety Act*. In addition to committees, this session will also teach you how to effectively prepare, conduct, and document workplace inspections. Learn about the types of inspections, as well as the roles of key participants: employers, supervisors, workers, and health and safety committees.

Hearing Conservation Programs

What did you say? Could you speak up? I can't hear you! Work for many people happens in a noisy environment. Overtime, high hazard noises can leave some workers with significant hearing loss. Hearing loss has a huge impact on an individual's overall health and wellbeing. **The good news is that noise-induced hearing loss is preventable.** In this session, participants will be provided with an overview of the PEI legislative requirements for noise - Part 8 of PEI's Occupational Health and Safety General Regulations - and the key elements to an effective hearing conservation program.

Psychological Health and Safety in the Workplace

Worker health is pivotal to organizational success, impacting motivation, attendance, and the prevention of workplace incidents. Beyond physical safety, this workshop redefines safety to include mental well-being, recognizing that a healthy mind is as crucial as a healthy body in creating a safe workplace environment. Join us to explore the holistic dimensions of safety, understanding how promoting both physical and mental health contributes to a thriving and resilient workforce.

Respiratory Protection Programs

Developing an effective respiratory protection program involves hazard assessment, selection of appropriate type of respirator, attention to filter/cartridge selection, respirator user screening, fit-testing, worker training, and more! Part 45 of PEI's Occupational Health and Safety General Regulations requires that employers meet the CSA Standard Z94.4-18 (Selection, Use, and Care of Respirators) when respirator protection is required. In this session, participants will be introduced to PEI legislation, the CSA Standard, and some helpful tips on respiratory protection program development.

OHS Safety Basics: Navigating PEI's OHS Landscape in 60 minutes

Join us for an engaging and informative 1-hour virtual journey through the core principles of Occupational Health and Safety (OHS) legislation in Prince Edward Island. This concise yet comprehensive presentation is tailored to provide a deep understanding of PEI's regulatory framework, empowering attendees with essential knowledge of their rights and responsibilities within the workplace. **Whether you're an employer, supervisor, or worker, this session offers valuable takeaways to enhance workplace safety for everyone.** Don't miss this opportunity to navigate the intricate landscape of OHS legislation in PEI within just 60 minutes!

Supervisor Safety

Supervisors play a critical role in ensuring health and safety in the workplace. **Because they direct the work of others, supervisors are well positioned to impact safety culture at work.** This session will introduce participants to the concept of due diligence and inform them of the legal responsibilities supervisors have for worker safety. This session also takes a close look at the Health and Safety Orientation and the role it can play in making workplaces safe. Topics to be covered include employer responsibilities around orientation, the benefits of a well-planned orientation, tips for developing and delivering an effective orientation, and the components which should be included.

Workplace Harassment and Workplace Violence

Workplace harassment can undermine a person's dignity and well-being. **When not addressed, it can lead to negative outcomes for the workplace, including absenteeism, stress, and decreased morale.** This session will introduce participants to the Workplace Harassment Regulations and outline the employer and worker responsibilities in establishing a harassment-free workplace. This session will also introduce participants to PEI's Workplace Violence Regulations and cover prevention strategies to keep workplaces safe.

Young and Vulnerable Workers

Whether they realize it or not, it is largely employers and supervisors who determine the general culture, as well as the health and safety culture, of a workplace. **For young and new workers learning how to do your job well is a great first step in preventing workplace injury as, chances are, they probably haven't thought about the different ways at work they can be injured.** The reality is that what you don't know CAN hurt you! Participants will learn about the significant influence supervisors can have on young and new workers' safety, and how employers and supervisors might capitalize on this. In this session, participants will hear what PEI workers say about their hesitation to raise their workplace safety concerns, and what they can do to encourage workers to speak up.

Navigating First Aid Regulations

Note – PEI's First Aid Regulations are changing effective January 1, 2025. This course will provide you with everything you need to know regarding the changes.

The primary reason for workplace first aid is to ensure the immediate safety and well-being of employees should an incident occur. In the event of an injury or medical emergency, immediate first aid can prevent the situation from escalating. This course will simplify PEI's first aid regulations by providing comprehensive insights and practical guidance to ensure compliance. Equip yourself with essential knowledge for effective response, and adherence to PEI regulations.

DOWNLOAD OUR OHS APP!

Did you know the WCB has an Occupational Health and Safety (OHS) mobile app?

The OHS App showcases key topics to assist PEI workers and employers understand their legal obligations within the workplace. To assist the user in understanding the key components of the legislation, this guide provides summarized information on topics which include quick reference links to applicable legislation and resources to help protect workers from workplace injuries. We welcome feedback for this guide and its content. Please send any questions, concerns, or suggestions to the WCB's OHS Division at ohs@wcb.pe.ca

